Maharishi Dayanand Saraswati (1824-1883)
Founder of Arya Samaj
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VYAAKRAN
SHIKSHA
KALPA
VAISHESHIK DARSHAN
Rishi - Kanaada
SANKHYA DARSHAN
Rishi - Kapila
YOG DARSHAN
Rishi - Patanjali
KATHA UPANISHAD
PRASHNA UPANISHAD
MUNDANA UPANISHAD
ISHA UPANISHAD
KENA UPANISHAD
SHATAPATHA BRAHMANA
AYUR VEDA (Diagnosis & Treatment of diseases)
DHANUR VEDA (Army & Warfare)
YAJUR VEDA
Source: Vayu Rishi
RIG VEDA
Source: Agni Rishi

6 PARTS
6 SUB PARTS (SHASTRA / DARSHAN)

NIRUKTA
CHHAND
JYOTISH
VEDANT DARSHAN
Rishi - Vyasa
MIMAMSA DARSHAN
Rishi - Jaimini
TAITTIREeya UPANISHAD
MAANDUKYA UPANISHAD
BRIHADARANYAKA UPANISHAD
CHAANDOGYA UPANISHAD
MAANDUKYA UPANISHAD
AITAREYA UPANISHAD
TANDIYA BRAHMANA
GOPATHA BRAHMANA

10 UPANISHAD

4 BRAHMANA GRANTH

SMRITI

4 UPAVEDAS

4 VEDAS

No. of mantras
Rig Veda = 10552, Yajur Veda = 1975
Sama Veda = 1875, Atharva Veda = 5977
Origin of Vedas = Approx 196,08,53,100 years ago

Courtesy: Aacharya Gyaaneshwar Arya
As per Vedas, there are five types of Yajnas, that all of us should perform on a daily basis as part of true worship. They are commonly known as ‘Pancha Maha Yajna’.

Deva Yajna (also known as Agnihotra or Hawan), is primarily meant towards purifying our atmosphere. As human beings, we invariably pollute the environment every day. Agnihotra is the perfect scientific way to neutralize the pollution and maintain a harmonious relationship with nature. Agnihotra should ideally be performed twice a day, during sunrise and sunset.

In Agnihotra, we light a small fire in a copper pyramid and offer Cow Ghee and Samagri (mixture of herbs). Cow dung cakes may also be offered. Vedic mantras are chanted simultaneously to invoke the blessings of the Almighty.

This book compiles the mantras that are chanted during the daily Agnihotra. Many of the mantras end with the words ‘इदामः न मम’ (‘Idam Na Mama’) which means – ‘This is not mine’. In this world, which is driven by consumerism and selfishness, we pray that whatever we are offering to the sacred fire is for everyone around – not only for us. It will benefit the entire family, neighbours and other living beings.

Agnihotra brings families together. It is typically performed as a team, with people (Yajmaans) sitting on all four sides of the copper pyramid (Hawankund). Indeed, it is a great way for people to also celebrate all key occasions in life – birthdays, anniversaries, house warming, etc.

Even you if you do not chant the Vedic mantras in Sanskrit, the chemical reaction will probably remain the same. Everyone around will benefit from the gaseous essence that is generated. The reason why Vedic mantras are also prescribed is for it to be a deeper spiritual experience.

The gist of the mantras (rather than word-by-word meaning) in simplified English have also been given. However, there could be certain errors
and omissions in the process. We request the reader to excuse us for the omissions, but please do bring to our notice any feedback for correction and improvement in subsequent versions. We will remain grateful to you for your support and feedback. You can write to ‘Tamilnadu Arya Samaj Educational Society’ 212–213, Avvai Shanmugam Salai, Gopalapuram, Chennai – 600086 or email to publications@davchennai.org.

First Edition : June 2019 (15,000 copies)

Compiled by Shri. Vikas Arya and Shri. Arulmozhi

References:
(i) ‘Vaidik Nitya Karma Vidhi’ | Author: Swami Dayanand Saraswati
(ii) ‘Vaidik Nitya Karma Vidhi’ | Author: Pandit Yudhistir Mimamsak Ji
I. PREPARATION FOR AGNIHOTRA

Please arrange the following items for the Agnihotra.

i. Pyramid shaped vessel, preferably made of copper (Hawankund).

ii. Samidha (Firewood) from either Mango or Peepal or Palaash tree. Cow dung cakes may also be used.

iii. Samagri (Herbal powder) with plates.

iv. Cow ghee (preferably from India native breed; otherwise whatever is available) – 250 gms.

v. Ghee vessels along with a long wooden spoon (to offer ghee to the Agni, i.e. fire).

vi. Camphor and matchbox.

vii. Small tumblers with drinking water – this is for ‘Aachmana’ mantra (see pg. 9).

viii. One jug (Kalash) of water to be offered during ‘Jalaseechanam’ mantra. (see pg. 16)

ix. Small towel, tissue paper and seating mats.

Note: Samagri is a mixture of various dried herbal roots and leaves, including Holy Basil (Tulasi leaves), Black Sesame Seeds, Barley, Rose petals, Sandalwood powder, Jaggery, Dry Coconut, Neem leaves, Cinnamon, Turmeric, Spikenard (Jataamansi), Wild asparagus (Shataavari), etc.
1. **Timing** – Agnihotra should be ideally performed at the time of sunrise and sunset. Simple daily agnihotra can be performed in 15–20 minutes.

2. **Group prayer** – It is ideal if the Agnihotra can be jointly performed by all members of the family sitting around the Pyramid vessel (Hawankund).

3. **Offering ghee** – Ghee is offered by the Main Yajmaan. Any member of the family can offer ghee, though ideally it is the senior member of the household.

4. **Direction in which one should sit** – The Main Yajmaan (person offering ghee) should sit on the West side (facing the East). If husband and wife are performing together, then the wife should be seated on the right side of the husband.

5. **Meaning of Mantras** – It will be hugely beneficial if all the participants know the broad gist of the mantras. Recalling the meaning of the mantra as we chant them, will make the experience more meaningful.

6. **Vedic Scholar** – Having a Vedic scholar who chants the mantras well and explains the meaning, is very helpful. However, with practice over a few days, anyone (irrespective of age, gender, caste, etc.) can learn the overall process and can then successfully perform the Agnihotra.

7. **Avoid smoke** – We should use various ingredients in the right proportion to avoid smoke. Generally, Yajmaans tend to offer too much Samidha and Samagri, compared to ghee. Kindly avoid doing so.
II. TAKING OATH

Om Tatsat Shri Brahmano, ___(i)____maase, ___(ii)____dinanke, ___(iii)____vaasare, (praataha/saayan) kaale, shubhmuhurte, jambudweepe, bharatakhande, aaryavartaantargate, ___(iv)____praante, tatrastha ___(v)____nagare, ___(vi)____upanagare, ___(vii)____sarva kalyaanaartham, asmaabhi atra devayajnah kriyate |

O God! On this ___(i)____month, ___(ii)____date, ___(iii)____day of the week, in the (morning/evening), on this auspicious occasion, in the Island of Jambu, in this Arya land of Bharat, in the state of ___(iv)____, in the city of ___(v)____, in the area of ___(vi)____, in the ___(vii)____, Deva Yajna is being performed by us for everyone’s benefit.

Note: Each of the seven continents is essentially an island. The Asia region was historically known as ‘Jambu’ island (Jambudweep).
(i) Months of the year – (मास) | जनवरी (Jan), फरवरी (Feb), मार्च (March), अप्रैल (April), मई (May), जून (June), जुलाई (July), अगस्त (Aug), सितंबर (Sep), अक्टूबर (Oct), नवंबर (Nov), दिसंबर (Dec)

(ii) Days of month (दिनांक) | प्रथम (1); द्वितीय (2); तृतीय (3); चतुर्थ (4); पंचम (5); षट्ट (6); सप्तम (7); अष्टम (8); नवम (9); दशम (10); एकादश (11); द्वादश (12); त्रिदश (13); चतुर्दश (14); पंचदश (15); षोडश (16); सप्तदश (17); अष्टदश (18); एकोनविंशति (19); बिंशति (20); एकबिंशति (21); द्विबिंशति (22); त्रिबिंशति (23); चतुर्विंशति (24); पंचबिंशति (25); षष्ठिविंशति (26); सप्तबिंशति (27); अष्टबिंशति (28); एकोननिंशत् (29); द्विनिंशत् (30); एकनिंशत् (31)

(iii) Days of week (वासर) | सोम (Mon), मंगल (Tue), बुध (Wed), बृहस्पति (Thurs), शुक्र (Fri), शनि (Sat), रवि (Sun)

(iv) State (प्रांत) | The state where you are performing the Agnihotra (Eg: Tamilnadu)

(v) City (नगर) | The city where you are performing the Agnihotra (Eg: Chennai)

(vi) Area (उपनगर) | The area where you are performing the Agnihotra (Eg: Mogappair)

(vii) Place | The exact place or the venue where you are performing the Agnihotra (Eg: D.A.V. School)
Directions - The first eight mantras are chanted in meditation posture (sitting straight with eyes closed), realizing the meaning of every mantra. These mantras can indeed be separately chanted prior to any solemn occasion.

Titled as ‘Ishvara – Stuti – Praarthanaa – Upaasanaa’ mantras, we humbly invoke the blessings of God.

- **Stuti** - To invoke the virtues, deeds and the characteristics of God
- **Praarthanaa** - Pray to God to give us good intellect, happiness and bliss
- **Upaasanaa** - Upa means ‘Near’ | Aasanaa means ‘To sit’. Thus Upaasanaa means to realize God within our own soul.

1. ओऽम् विश्वानि देव सचिवदुरितानि परा सुव।
   यद् भद्रं तत्र आ सुव॥
   Om Vishwaani deva savitar-duritaani paraasuva |
   Yad bhadram tanna aasuva ||
   *(Yajur Veda | Chapter 30 | Mantra 3)*

   O God! Creator of the universe, and Giver of true happiness! We pray to You to remove all our shortcomings and vices. May You bestow upon us all good qualities.

2. ओऽम् हिरण्यगर्भः समवर्त्ताप्रे भूतस्य जातः पतिरेक आसीत्।
   स दाधार पृथिवीं द्यामुतेमां कर्मे देवाय हविषा विधेयम॥
   Om hiranya-garbhah samavarta-taagre bhootasya jaatah patireka aaseet |
   Sa daadhaara prithiveem dhyaa-mutemaam kasmee devaaya havishaa vidhema ||
   *(Yajur Veda | Chapter 23 | Mantra 1)*
O God! You are the sole Creator of all source of light like the Sun. You always existed; You are present as of now and You will always exist. You hold and sustain the earth and other celestial bodies, thus supporting this entire universe. We worship You alone.

3. ओऽम् य आत्मदा बलदा यस्य विश्व उपासते प्रशिष्य यस्य देवा: ।
   यस्य छायास्मृतं यस्य मृत्युः: कस्मै देवाय हविषा विधेयम ॥

Om ya aatmadaa baladaa yasya vishva upaasate prashisham
yasya devaah |
Yasya chaaya-amritam yasya mrityuh kasmai devaaya havishaa
vidhema ॥

(Yajur Veda | Chapter 25 | Mantra 13)

O God! You have bestowed the soul with a highly intricate physical body, moral and spiritual strength. The learned sing Your praise and humbly accept Your governance and judgment. Your shade of protection leads to immortality. Lack of trust in You, causes all kinds of miseries and fear of death. We worship You alone.

4. ओऽम् य: प्राणतो निमिषतो महित्वेक इत्राजा जगतो बभूव ।
   यस इशोस्य अस्य हिपदशच्चुप्पद: कस्मै देवाय हविषा विधेयम ॥

Om yah praanato nimishatoo mahitvaika idraajaa jagato babhoova |
Ya-eshe-asya dvipadash-chatushpadaa kasmai devaaya havishaa
vidhema ॥

(Yajur Veda | Chapter 23 | Mantra 3)

O God! You are the One and only King of this entire universe (living and non-living). You alone Create and Rule over both humans (bipeds) and animals (quadrupeds). We worship You alone.

5. ओऽम् येन द्रौश्या पृथिवी च दृढ़ा येन स्वःस्तवितं येन नाक: ।
   योःअन्तरिक्षे रजसो विमान: कस्मै देवाय हविषा विधेयम ॥
Om yena dyaurugraa prithivi cha dridhaa yena svaha-stabhitam yena naakah |
Yo-antarikshe rajaso vimaanaha kasmai devaaya havishaavvidhema ||
(Yajur Veda | Chapter 32 | Mantra 6)

O God! You sustain this Universe including Sun, Earth and other celestial bodies that maintain balanced momentum. You are the Giver of true happiness and bliss. We worship You alone.

6. ओऽम् प्रजापते न त्वदेतान्यन्यो विश्वा जातानि परिता बभूव।
   यत्कामास्ते जुहमस्तन्नोः अस्तु वर्य स्याम पत्यो रजीणाम्॥
   Om prajaapate na tvadetaa-nyanyo vishvaav jaataani paritaababhooa |
   Yatkaamaaste juhumastanno-astu vayam syaama patayo rayeenaaam ||
   (Rig Veda | Mandal 10 | Sukta 121 | Mantra 10)

O God! You are the Lord of all. None other than You rules over life forms and the material world. May You fulfill all our cherished desires and may we have wealth and other material things.

7. ओऽम् स नो बन्धुर्जनिता स विक्षाता धामानि वेद भुवनानि विश्वा।
   यत्र देवा अमृतमानशानास्तृतीये धामनवधैयरयन्त॥
   Om sa no bandhur-janitaa sa vidhaataa dhaamaani veda bhuvanaani vishva |
   Yatra devaa amritamaana-shaanaas-triteeye dhaamanna-dhyairayanta ||
   (Yajur Veda | Chapter 32 | Mantra 10)

O God! You are our parent and our brother. You are our sustainer and controller. You are our teacher and judge. You know the name, place and source of everything. The enlightened souls, who trust You, have a sense of freedom and are not affected by miseries.
8. ओऽम् अमे नय सुपथा राये अस्मानु विश्वानि देववयुनानि विद्वान्।
युयोध्य्यसमज्ञुराणमेनो भूविष्ठाने नम उक्तिं विद्वेद्॥

Om agne naya supathaa raaye asmaan vishvaani deva-vayunaani vidvaan |
Yuyo-dhyasmaj-juhuraana-meno bhooyishtaante nama uktim vidhema ||

(Yajur Veda | Chapter 40 | Mantra 16)

O God! Please lead us on to the right path of honesty and simplicity. Remove from us all sins and crookedness. May we do only good deeds. We praise and worship You alone.
Aachmana Mantra

Directions – Each Yajmaan may take some water in the right palm from the small tumblers. Recite first of the three mantras. After ‘Svaaha’ sip the water.

In the same manner, once again take some water in the right palm and sip it after reciting the second and the third mantra. After sipping the water for the third time, you may take some additional water and slightly rinse your palms.

Sipping of water helps you clear your throat, making you feel comfortable as you start performing the Agnihotra.

<table>
<thead>
<tr>
<th>No.</th>
<th>Mantra</th>
<th>Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.</td>
<td>ओ३म् अमृतोपस्तरणसमि स्वाहा</td>
<td></td>
</tr>
<tr>
<td>10.</td>
<td>ओ३म् अमृतापििधानमसि स्वाहा</td>
<td></td>
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<tr>
<td>11.</td>
<td>ओ३म् सत्यं यशः श्रीमं श्री: श्रयतः स्वाहा</td>
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</tbody>
</table>

(Taittriya Aaranyaka | Prapataka10. Anuvakam 32, 35)
### Angasparsha Mantra

*Directions* - Take some water in your left palm. As you recite the following mantras (12 – 18), touch the relevant organ of your body, with the middle and ring finger of your right hand.

<table>
<thead>
<tr>
<th>Number</th>
<th>Mantra in Sanskrit</th>
<th>Mantra in English</th>
<th>Touch Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>12.</td>
<td>ओ३म् वाङ्गम आस्ये अस्तु ॥</td>
<td>Om vaangmaaasye astu</td>
<td></td>
</tr>
<tr>
<td>13.</td>
<td>ओ३म् नासोमें प्राणोस्तु ॥</td>
<td>Om nasorme praano astu</td>
<td></td>
</tr>
<tr>
<td>14.</td>
<td>ओ३म् अक्षोमें चक्षुरस्तु ॥</td>
<td>Om akshanorme chakshur-astu</td>
<td></td>
</tr>
<tr>
<td>15.</td>
<td>ओ३म् कर्णोमें श्रोत्रमस्तु ॥</td>
<td>Om karnayorme shrotram-astu</td>
<td></td>
</tr>
<tr>
<td>16.</td>
<td>ओ३म् बाह्वोमें बलमस्तु ॥</td>
<td>Om baahvorme baldam-astu</td>
<td></td>
</tr>
<tr>
<td>17.</td>
<td>ओ३म् ऊर्वोमें ओजोस्तु ॥</td>
<td>Om urvor-me ojo-astu</td>
<td></td>
</tr>
<tr>
<td>18.</td>
<td>ओ३म् अरिष्टानि में अंगानि तनुस्तन्तवा में सह सन्तु ॥</td>
<td>Om arishtani me-angani tanusstanva me saja santu</td>
<td></td>
</tr>
</tbody>
</table>

*(Paaraskara Grihya Sutra, 1.3.25)*
Directions - Put a small piece of camphor in long spoon. Reciting the following mantra, ignite the camphor from the flame of a ghee lamp already kindled beforehand. Alternatively, ignite it with a match-stick.

19. ओऽम् भूर्भुवः स्वः।
Om bhoor bhuvah svaaha।
(Gobhila Grihya Sutra, 1.1.11)

Oh Almighty! The Giver of ‘Praana’ (life); Remover of our sorrow; Giver of happiness and bliss

20. ओऽम् भूर्भुवः स्वधृत्रिवः भूम्ना पृथिवीव वरिष्ण।
तस्यास्ते पृथिवि देवयजनि पुष्पंअगिनमन्नदमङ्ग्राद्यायादधे।

Om bhoor bhuvah svar-dyauriva bhumnaa prithviva varimnaa।
Tasyaaste prithvi devayajani prishthe-agnim-annadam-annadyayadadhe।

(Yajur Veda | Chapter 3 | Mantra 5)

O God! You are the Giver of Praana (life), Remover of our sorrow, Giver of happiness and bliss. I hereby start the Agnihotra in this Hawan kund, which is placed on the Mother Earth. May the Agni (fire) be established smoothly and my offerings be kindly accepted
21. ओऽम् उद्भुध्यस्वागने प्रतिजागृहि त्वमिष्टापूर्तें सं सृजेथामयं च।
अस्मिन्तस्थितेः अध्युतरस्मिन् विश्वे देवा नवाजमानश्रो च।

Om udbhudyasvaagne pratijaa-grihi tvam-ishtapoorte sam
srijethaam-ayam cha |
Asmint-sadhasthe-adhyuttarasmin vishve deva yajmaanashcha
seedata ||

(Yajur Veda | Chapter 15 | Mantra 54)

O God! May the kindled fire grow further in its full vigour. May our learned companions co-operate with us in our works. May we help each other not only towards material progress but also towards our spiritual development.
VI. OFFERING ONLY SAMIDHA (FIREWOOD)

Directions - Each yajmaan (sitting on all four sides of the Hawankund) offers three samidhas each. The first samidha (firewood) is to be offered at the end of this mantra after ‘Svaaha’.

22. ओऽम् अत् इथ्म आत्मा जातवेदस्तेनेघ्यस्व चर्दस्व चेद्व वर्धय चास्मान् प्रजया पशुभिर्द्वावर्चसेनानांध्राणे समेध य स्वाहा || इदमणये जातवेदसे इदं न मम ||
Om ayanta idhma aatma jaatavedas-tene-dhyasva vardhasva chedha vardhaya chaasmaan prajaya pashubhir-brahmavarchase-naannaa-dyena samedhaya svaaha ||
Idam agnaye jaatavedase idam na mama ||
(Aashvalayana Grihya Sutra, 1.10.12)

O God! I offer this (samidha) to help this fire grow further in its full vigour. Similarly, may I also grow in my life blessed with family, animals as companions, vitality, food and other everyday needs. This offering is for the welfare of all - not only for me.

Directions - No offering (either Samidha or ghee) to be made after this mantra

23. ओऽम् समिधाग्निं दुस्स्वत घृतेबोध्यतातिथिम ||
आस्मन् हन्या चुहोतन ||
Om samidha-agnim duvasyata ghritair-bodhaya-taa-tithim |
Aasmin havyaa juhotana ||

(Yajur Veda | Chapter 3 | Mantra 1)

O God! We make the fire grow further by offering ghee and samidha. This offering is for the welfare of all - not only for me.

Directions - The second samidha (firewood) is to be offered at the end of this mantra after ‘Svaaha.’

24. ओऽम् सुसमिद्धय शोचिष्ये घृतं तीत्रं जुहोतनं।
अग्निः जातवेदसे स्वाहा॥ पदमाग्निः जातवेदसे इदं न मम॥

Om susamid-dhaaya shochishe ghritam teevram juhotana |
Agnaye jaatavedase svaaha || Idam agnaye jaatavedase idam na mama ||

(Yajur Veda | Chapter 3 | Mantra 2)

O God! We offer pure and fragrant ghee in the fire. All the offerings will get converted into fine particles purifying the atmosphere. This offering is for the welfare of all - not only for me.

Directions - The third samidha is to be offered at the end of this mantra after ‘Svaaha.’

25. ओऽम् तत्वा समिद्धयाः घृतेन वर्धयामसि।
ब्र्‌ह्मच्छोच्च यविष्ट्यः स्वाहा॥ पदमाग्निः इदं न मम॥

Om tam-tvaa samidbhir-angiro ghritena vardhayaamasi |
Briha-chhochaa yavishtya svaaha | Idam agnaye angirase idam na mama ||

(Yajur Veda | Chapter 3 | Mantra 3)

O Agni (fire)! We offer you ghee and samidha, thus ensuring you glow brightly. This offering is for the welfare of all - not only for me.
VII. OFFERING GHEE

Directions - This mantra is to be repeated five times. At the end of each mantra, Ghee should be offered to the Agni (fire).

26. ओऽम ्अयत्त इध्म आत्मा जातवेदस्तेनेध्यस्व वर्द्दस्व चेद्द वर्धिय चास्मानूऽ प्रजया पशुभिर्वचवर्चेनाराजः समेठय स्वाहा || इदमग्नये जातवेदसे इदं न मम ||

Om ayanta idhma aatma jaatavedas-tene-dhyasva vardhasva chedha vardhaya chaasmaan prajaya pashubhir-brahmavarchase-naanana-dyena samehdhaya svaaha ||

Idam agnaye jaatavedase idam na mama ||

(Aashvalayana Grihya Sutra | 1.10.12)

O God! I offer this (ghee) to help this fire grow further in its full vigour. Similarly, may I also grow in my life blessed with family, animals as companions, vitality, food and other everyday needs. All these offerings are for the welfare of all - not only for me.

*Why five times? We humans have five senses through which we gain knowledge, also known as ‘Gyaan-Indriya’. These are Eyes, Nose, Ears, Tongue and Skin. We chant this mantra five times, praying to the Almighty to keep all our five senses robust, such that we gain the right knowledge.*
**VIII. POURING WATER AROUND THE HAWANKUND**

**Jalaseechanam**

*Directions – In this stage the water from the jug (kalash), is poured on all four sides of the Hawankund with chanting of the mantras. This is symbolic of the fact that this Earth is also surrounded by water, which has a very significant role in our lives.*

| 27.  | ओऽम् आदित्यनुमन्यस्व  || Om adite-anumanyasva || **Eastern side of the Hawankund**  |
|------|-------------------------------------------------|-------------------------------------------------|
| 28.  | ओऽम् अनुमतेनुमन्यस्व  || Om anumate-anumanyasva || **Western side of the Hawankund**  |
| 29.  | ओऽम् सरस्वत्यनुमन्यस्व  || Om Sarasvatya-anumanyasva || **Northern side of the Hawankund**  |

(Gobhila Grihya Sutra, 1.3.1-3)

*Directions – Water from the jug (kalash), is to be poured on all the four sides of the Hawankund in the following sequence – East, South, West and North*

| 30.  | ओऽम् देव सवित: प्रसुव यज्ञ प्रसुव यज्ञपति भगाय ।  
      दिव्यो गन्धर्व: केतापु: केतन: पुनातु वाचस्पतिर्वाच न: स्वदतु ॥  
      Om deva savitah prasuva yajnam prasuva yajna-patim bhagaaya ।  
      Divyo gandharvah ketapooh ketannah punaatu vaachaspatir-  
      vaacham nah svadatu ॥  |
|------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|

(Yajur Veda | Chapter 30 | Mantra 1)

O God! May this water inspire us to perform good deeds. May it purify our mind and knowledge. May it also purify our speech.
### IX. OFFERING GHEE...CONTD.

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*(Gobhila Grihya Sutra, 1.8.24, 45)*  
*(Yajur Veda | Chapter 22 | Mantra 27)*  
*(Yajur Veda | Chapter 18 | Mantra 28)*
O God! There could be certain deficiencies in the performance of the Agnihotra. We hereby request you to excuse us for such shortcomings. May You fulfill all our saatvik desires. This offering is for the welfare of all – not only for me.

Directions – This is a silent prayer. We silently chant the word प्रजापतये (Prajapataye).

O God! This offering is for You - the ‘Prajapati’; this is not mine.
Directions – From this mantra onwards, the Main Yajmaan can continue to offer ghee. The other Yajmaans seated on other three sides of the Hawankund can start offering Samagri after ‘Svaaha’. Kindly note that only a little samagri should be offered to the fire with each mantra, such that it does not result in smoke.

37. ओऽृम् गीत्योतिः सूर्यः स्वाहा ||
   Om suryo jyotir-jyotih suryah svaaha ||

These offerings are for the morning time. They are dedicated to the Surya (Sun) Devtaa, which is the source of life energy. It also symbolically represents Knowledge.

38. ओऽृम् गीत्योतिः सूर्यः वर्चः स्वाहा ||
   Om suryo varcho jyotir varchah svaaha ||

May we also acquire knowledge and dispel the darkness around us.

39. ओऽृम् गीत्योतिः सूर्यः स्वाहा ||
   Om jyotih suryah suryo jyotih svaaha ||

40. ओऽृम् सजूदेवेन सजूर-पशेद्रवत्या जुशानाः सूर्यः वेतु स्वाहा ||
   Om sajur devena savitra saju-rushasendravatyaa jushaanah suryo vetu svaaha ||

(Yajur Veda | Chapter 3 | Mantra 9,10)

HOW TO OFFER SAMAGRI?

✓

✗
| 41. | ओऽम् अग्निज्योतिःज्योतिरिंगि: | Om agnir-jyotir-jyotir-agnih svaaha || These offerings are for the evening time. They are dedicated to the Agni (Fire) Devtaa, which sustains life during night. It also symbolically represents Knowledge. May we also acquire knowledge and dispel darkness around us. |
| 42. | ओऽम् अग्निन्यिः ज्योतिःर्वचो: | Om agnir-varcho jyotir-varchah svaaha || |
| 43. | ओऽम् अग्निज्योतिःज्योतिरिंगि: | Om agnir-jyotir-jyotir-agnih (recite silently) svaaha || |
| 44. | ओऽम् सर्जूर्देवेन सवित्रा सजूरायणेष्वल् जुषाणोऽग्निन्यिः | Om sajur-devena savitra sajuraatryendravatya jushaano agnir vetu svaaha || |

(Yajur Veda | Chapter 3 | Mantra 9,10)

45. ओऽम् भूर्गनये प्राणाय स्वाहा। इदम्गनये प्राणाय इदं न मम॥
Om bhur agnaye praanaaya svaaha |
Idam agnaye praanaaya idam na mama ||

(Taittiriya Aaranyakam, 10.2)

O God! May our offering reach Agni Devtaa (Fire), which provides vitality to all human beings. This offering is for the welfare of all – not only for me.

46. ओऽम् भुवर्वायायेपानाय स्वाहा। इदं वायायेपानाय इदं न मम॥
Om bhuvav-vaayave-apanaaya svaaha |
Idam vaayave-apanaaya idam na mama ||

(Taittiriya Aaranyakam, 10.2)

O God! May our offering reach Vayu Devtaa (Wind), which keeps all living beings healthy. This offering is for the welfare of all – not only for me.
O God! May our offering reach Surya Devtaa (Sun), which is the source of life energy. This offering is for the welfare of all – not only for me.

The Universe can be divided into three regions – Earth, Atmosphere and Outer space. Earth is supported by Fire; Atmosphere is supported by Wind; Outer space is supported by Sun. O God! The Source of life, Remover of Sorrow, Giver of Happiness! May our offering reach everywhere. This offering is for the welfare of all – not only for me.

O God! You are present everywhere; You are the source of knowledge; You are compassionate; You love all of us; You are the Giver of life; Remover of sorrow; Giver of happiness. You have bestowed us with everything in this world. We humbly offer this oblation to you.
50. ओऽम् यां मेधां देवगणां: पितरश्चोपासते ।
तया मामद्व भवेयानं मेधाविनं कुरु स्वाहा ॥
Om yaam medhaam devaganaah pitarashcho-paasate |
Tayaa maam-adhya medhaya-agne medhaavinam kuru svaaha ॥
(Yajur Veda | Chapter 32 | Mantra 14)

O God! The scholars desire for good intellect, which protects them. With your blessings, may I also be bestowed with the same intellect immediately, i.e. today. This offering is for the welfare of all – not only for me.

51. ओऽम् विष्वानि देवं सचितुरितानि परा सुँ ।
यदृ भद्रं तत्र आ सुँ स्वाहा ॥
Om vishwaani deva savitar-duritaani paraasuva |
Yad bhadram tanna aasuva svaaha ॥
(Yajur Veda | Chapter 30 | Mantra 3)

O God! Creator of the universe, and Giver of true happiness! We pray to You to remove all our shortcomings and vices. May You bestow upon us all good qualities.

52. ओऽम् अग्ने नय सुपथा रायेः अस्मानं विष्वानि देवं व्युनानि विद्वान् ।
युयोध्यस्मजुह्राणेनो भूयिष्ठाने नम उंकं विधेयम स्वाहा ॥
Om agne naya supathaa raaye asmaan vishvaani deva
vayunaani vidvaan |
Yuyo-dhyasmaj-juhuraana-meno bhooyishtaante nama uktim
vidhema svaaha ॥
(Yajur Veda | Chapter 40 | Mantra 16)

O God! Please lead us on to the right path of honesty and simplicity. Remove from us all sins and crookedness. May we do only good deeds. We praise and worship You alone.
Directions - We chant the Gayatri mantra thrice. This is to emphasize the meaning behind the mantra.

53. ओऽम् भुर्भुवः स्वः। तत्सवितुर्विष्णुं भगवः देवस्य धीमहि।
धियो यो नः प्रचोदयात् स्वाहा॥
Om bhur bhuvah svah | Tat-savitur-varenyam bhargo devasya dhimahi |
Dhiyo yo nah prachodayaat svaaha "

(Yajur Veda | Chapter 36 | Mantra 3)

O Source of life (Praana), Remover of Sorrow, Giver of Happiness! We meditate upon You, who created this Universe and is the source of all knowledge and bliss. We pray that You guide our Intellect on to the right path.

54. ओऽम् त्र्यम्बकं यजामहे सुगन्धिं पुष्पिवर्धनम्।
उर्वा-रुक्मिवं बन्धनान्मृत्योमुक्तियो मां मृत्यु मात् स्वाहा॥
Om tryambakam yajaamahe sugandhim pushti-vardhanam |
Urvaa-rukamiva bandhanaan-mrtyor-mukshiya maa-amrtaat svaaha "

(Rig Veda | Mandal 7 | Sukta 59 | Mantra 12)

Oh God! Creator and Protector of this Universe. You are also the destroyer of evil and suffering. Your energy and fragrance provides us the joy of life. We worship You!

Please release us from the bond of mortality (i.e. attachment) like the musk melon fruit that detaches itself from the tree, once it is ripe. Let our soul journey into immortality, when it leaves this body.
**XI. CONCLUDING AGNIHOTRA**

Directions - This mantra will mark the formal conclusion of the Agnihotra. We chant this mantra thrice, offering both ghee and samagri each time after ‘Svaaha’.

The remaining ghee and samagri may be completely offered to the Agni with the third ‘Svaaha’. However, if there is large quantity of ghee and samagri still remaining, please do not offer it to the Agni. It can be stored back and reused for the Agnihotra next time.

After this mantra, no further ghee or samagri should be offered.

55. ओऽम् सर्वं वै पूर्णं स्वाहा ||
   Om sarvam vai poornam svaaha ||
   *(Shatapatha Brahmana, 4.2.2.2, 5.2.2.1)*

O God! You are present everywhere. This entire universe created by You, is complete by itself. Listen to our prayers. We seek Your blessings to also be complete.

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Directions – The following four mantras may be chanted in meditation posture (sitting straight with eyes closed), realizing the meaning of every mantra

56. ओऽम् नमः शंभवाय च, मयोभवाय च। नमः शंकराय च मयस्कराय च।
    नमः शिवाय च शिवतराय च॥
   Om namah shambhavaaya cha, mayaobhavaaya cha |
   Namah shankaraaya cha, mayaskaraaya cha |
   Namah shivaaya cha, shivataraaya cha ||
   *(Yajur Veda | Chapter 16 | Mantra 41)*

God is the source of all bliss and prosperity. He alone enriches us physically and spiritually. We humbly bow to Him.
May the celestial bodies and the sky bring us peace! May there be peace on Earth!
May Water bring us peace!
May the various Herbs be source of peace!
May all Trees bring us peace!
May all Leaders and Scholars bring us peace!
May God and the Vedas inspire us with peace!
May all of us co-exist peacefully!
May I be always in peace!
May all of us be blessed with peace!

58. Om tejo-asi tejo mayi dhehi | Veeryam-asi veeryam mai dhehi |
Balam-asi balam mayi dhehi | Ojo-asi ojo mayi dhehi |
Mayur-asi manyum mayi dhehi | Saho-asi saho mayi dhehi ||

(Yajur Veda | Chapter 19 | Mantra 9)
You are the source of knowledge. May I obtain knowledge
You are the source of vigour and vitality. Infuse me with same.
You are the source of strength. May I gain strength.
You are the passion for life. May I also be passionate
You are the source of Justice. May I also be Just.
You are the source of patience. Imbibe in me patience.

59. ओः सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयः ।
सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखान् भवेत् ॥

Om sarve bhavantu sukhinah sarve santu niraa-mayaah ।
Sarve bhadraani pashyantu maa kashcid duhkha-bhaag bhavet ॥

(Brihadaranyaka Upanishad, 1.4.14)

O God! May all be happy; May all be free from illness and miseries
May all see what is auspicious; May no one suffer pain.
XII. AGNIHOTRA PRAYER

यज्ञरूप प्रभो हमारे भाव उज्वल कीजिए।
छोड़ देवे छल-कपट को, मानसिक बल दीजिए।

Yajna roopa prabho hamare, bhava ujjawal kijiye |
Chhod deven chhal kapat ko, manasik bal deejiye ||

O God! May we have noble thoughts & intentions. May we not be wicked; please give us mental strength.

वेद की बोलें ऋचाएँ, सत्य को धारण करें।
हर्ष में हों मग्न सारे, शोक सागर से तरे।

Ved kee bolen richaaen, satya ko dhaaran karen |
Harsh mein ho magna saare, shok saagar se taren ||

May we recite the Vedas and hold on to the Truth. May we all be happy, and no one be in grief.

अश्वमेधादिक रचाएँ यज्ञ पर उपकार को।
धर्म-मर्यादा चलाकर, लाभ दें संसार को।

Ashvmedhadika rachaayen, yajna para upakaar ko |
Dharma- maryadaa chalaakar, laabh den sansar ko ||

May we regularly perform Yajna for benefit of all. May we follow Dharma and benefit the entire world.

नित्य श्रध्दा भक्ति से यज्ञादि हम करते रहें।
रोग पीड़ित विश्व के संताप सब हरते रहें।

Nitya shraddha bhakti se, yajna-aadi ham karte rahen |
Roga peedit vishwa ke, santaap saba haraten rahen ||

May we keep performing Yajna regularly with reverence. May we help to lessen pain and suffering in this world.
भावना मिट जाये मन से पाप अत्याचार की।
कामनाएँ पूर्ण होवे यज्ञ से नर नार की।

Bhavanaa mit jaaye man se, paap atyachaar ki
Kaamanaaen poorna howe, yajna se nar naar ki

May we not have any thought of committing a sin or any atrocity.
May noble desires of all be fulfilled by Yajna.

लाभकारी हो हवन हर जीवधारी के लिए।
वायु जल सर्वत्र हो शुभ गन्ध को धारण किए।

Labhakari ho haven, har jeevadhaari ke liye
Vayu jal sarvatra ho, shubh gandha ko dhaaran kiye

May the Yajna be beneficial for all living beings. May the air and water hold the fragrance of the Yajna.

स्वार्थ भाव मिटे हमारा प्रेम-पथ विस्तार हो।
‘इदन मम’ का सार्थक प्रत्येक में व्यवहार हों।

Svaarth-bhava mite hamaara, prem-path vistaar ho
Idam-na-mama ka saarthak, pratyek mein vayavahaar ho

May we get rid of our selfish motives and enhance the path of love. May we truly believe and practice the fact that ‘Nothing is mine’.

हाथ जोड़ झुकाए मस्तक, वन्दना हम कर रहे।
नाथ करणा रूप करणा आप की सब पर रहे।

Haath joda jhukaaye mastak, vandana ham kar rahe
Naath karuna roop karuna, aapaki sab par rahe

We pray to you with folded hands and bowing our heads. O God!
May your kindness always be bestowed on everyone.
XIII. ADDITIONAL MANTRAS

Directions – These 12 mantras may be chanted only on special occasions. They may be chanted immediately after Mantra # 36 [‘Om Prajaapataye Svaaha’], i.e. before Mantra # 37 [‘Om Suryo jyotir jyotih surya svaaha’]

For the first 4 mantras only ghee may be offered after Svaaha; for mantras 5-12, both ghee and samagri may be offered.

1. ओऽम् भूर्भुवः स्वः। अग्नि आयूष्यिः पवस आसुवोज्जिमिष्यं च नः।
   ओऽ बाधस्व तुष्युनां स्वाहा॥ इदमगन्ये पवमानाय इंदं न मम॥
   Om bhoor bhuveh svah | Agna aayumshi pavasa
   aasuvor-jamisham cha nah |
   Aare baadhasva duch-chhu-naam svaaha || Idam agnaye
   pavamaanaaya, idam na mama ||
   (Rig Veda | Mandal 9 | Sukta 66 | Mantra 19)

O Source of life, Remover of Sorrow, Giver of Happiness! May You purify our lives, give us food, mental strength and prosperity. May we not have any evil feelings. This offering is for the welfare of all - not only for me.

2. ओऽम् भूर्भुवः स्वः। अग्निन्द्रिष्णः पवमानः पाव्यजयः पुरोहितः।
   तमीमहे महागयं स्वाहा॥ इदमगन्ये पवमानाय इंदं न मम॥
   Om bhoor bhuveh svah | Agni ndrshih pavamanah
   paancha-janyah purohitah |
   Tamee-mahe maha-gayam svaaha || Idam-agnaye
   pavamaanaaya, idam na mama ||
   (Rig Veda | Mandal 9 | Sukta 66 | Mantra 20)

O Source of life, Remover of Sorrow, Giver of Happiness! You existed even before creation of this universe. You are the well-wisher of entire humanity. You protect us. This offering is for the welfare of all - not only for me.

3. ओऽम् भूर्भुवः स्वः। अग्नेय पवस्व स्वप्न अस्मे वर्चः सुवीर्यम्।
   दध्द्रव्यं मस्ति पोष्य स्वाहा॥ इदमगन्ये पवमानाय इंदं न मम॥
Om bhoor bhuvah svah | Agne pava-sva sva-paa asme varchah suveeryam |
Dadhad-rayim mayi posham svaaha || Idam-agnaye pavamaanaaya, idam na mama ||

(Rig Veda | Mandal 9 | Sukta 66 | Mantra 21)

O Source of life, Remover of Sorrow, Giver of Happiness! May our children develop good qualities. May You purify us and bless us with prosperity and vitality. This offering is for the welfare of all - not only for me.

4. ओऽम् भूर्भुवः स्वः। प्रजापते न त्वदेतान्य्यो विश्वा जातानि परि ता बभूव।
   यत्कामास्ते जुहमस्तत्रो अस्तु वयं स्याम पतयो र्यीणां स्वाहा॥
   इदं प्रजापते इदं न मम॥
Om bhoor bhuvah svah | Prajaapate na twadetaa-nyanyo vishvaa jaataani pari taa babhoova | Yat kaamaaste juhumas-tanno astu vayam syama patayo rayeenaam svaaha || Idam prajaapataye, idam na mama ||

(Rig Veda | Mandal 10 | Sukta 121 | Mantra 10)

O Source of life, Remover of Sorrow, Giver of Happiness! None other than You rules over life forms and the material world. May You fulfill all our cherished desires and may we have wealth and other material things. This offering is for the welfare of all - not only for me.

5. ओऽम् त्वं नोऽग्ने करुणस्य विद्वान् देवस्य हेदोऽव यासिसीवः।
   यजिष्ठो वहितम: शोशुचानो विश्वादेशपासि प्र मुमुग्धस्मतः स्वाहा॥
   इदमग्नीवरुणाभ्याम् इदं न मम॥
Om twam no-agne varunasya vidvaan devasya hedo-ava yaasi-seeshthaah |
Yajishtho vahnitamah shoshuchaano vishvaa- dweshaamsi pra mumug-dhyasmat svaaha || Idam-agnee-varunaa-bhyaam, idam na mama ||

(Rig Veda | Mandal 4 | Sukta 1 | Mantra 4)
O God! May You remove all our sources of sorrow and envy that others may have towards us. May you also remove our own shortcomings. This offering is for the welfare of all - not only for me.

6. ओऽम् स त्वं नो अगेववमो भवोति नेदिष्ट्रोअस्या उष्णो व्युघिः।
   अव यक्ष्व नो वरुणं राणो वीहि मृदीकं सुहबो न एद्धि स्वाहाः॥
   इदमनीवहुर्भ्याम् इदं न मम॥
Om sa tvam no agne-avamo bhavotee-nedish-tho-asayaa
ushaso vyush-tau |
Ava yak-shva no varunam raraano veehi mridadeekam
shuhavo na edhi svaaha || Idam-agni-varunaa-bhyaam, idam na
mama ||

(Rig Veda | Mandal 4 | Sukta 1 | Mantra 5)

O God! May You protect us at all times. Since You are also compassionate, may we take shelter under You to remove all our sources of sorrow. This offering is for the welfare of all - not only for me.

7. ओऽम् इर्में वरुण श्रुधी हवमद्या च मृठय। त्वामवस्युरा चकेस्वाहाः॥
   इदं वरुणाय इदं न मम॥
Om imam me varuna shrudhi hava-madyaa cha mridaya |
Tvaam-vasyu-raa chake svaaha | Idam varunaaya, idam na mama ||

(Rig Veda | Mandal 1 | Sukta 25 | Mantra 19)

O God! May you remove all my sorrow. May I be blessed with happiness this very day. May I always commit only noble deeds. This offering is for the welfare of all - not only for me.

8. ओऽम् तत्त्वा यामिः ब्रह्मणा किद्मानस्तदा शास्ते वजमानो हविर्भिः।
   अहेद्मानो वरुणेऽह बोध्युर्शांस मा न आयुः प्र मोशीः स्वाहा॥
   इदं वरुणाय इदं न मम॥

O God! Doing noble deeds, I worship You with utmost love and devotion. Please listen to my prayers. Also, may I live a long meaningful life. This offering is for the welfare of all - not only for me.

9. ओऽम्‍ ये ते शतं वरुणं ये सहस्रं यज्ञं: पाशा विचित्ता महान्त: ||
   तेभिर्नासं अन्त सवितो विष्णुविष्णु विश्वं मुख्यतं मरतं: स्वर्कं: स्वाहा ||
   इंद्र वरुणाय सप्त्विश्वेव विण्वेश्वयो मरुब्ध्व: स्वर्केभ्यं: इंद्र न मम ||
   Om ye te shatam varuna ye sahasram yajnyaah paashaa vitataa mahaantah |
   Tebhirno-adya savitota vishnur-vishve munchantu marutah svarkaah svaaha ||
   Idam varunaaya savitre vishnave vishve-bhyo deve-bhyo marud-bhyah swarke-bhyah, idam na mama.
   (Paaraskara Grihya Sutra 1.2.8)

O God! May I gain knowledge about the numerous rules that govern this entire universe. May my scholarly friends help me emerge out of the shackles and attain salvation (moksha). This offering is for the welfare of all - not only for me.

10. ओऽम्‍ अयाश्चाग्ने स्ननभिषिष्टिपाश्च सत्यमित्वमया असि ||
   अया नो यज्ञं वहास्यं नो धेहिः भेष्जः स्वाहा || इंद्रमन्ये असेः इंद्र न मम ||
   Om ayaashcha-agne-asya-nabhi-shasti-paashcha satyamitva-mayaa asi |
   Ayaa no Yajnam vahaasya-yaa no dhehi bhesha-jam svaaha ||
   Idam-agnaye ayase, idam na mama ||
   (Kaathyaayana Shroutsutra, 25.1.11)
O God! As You are present everywhere, You know about all my actions. May You provide the remedy to prevent me from spiritual diseases like anger, greed, jealousy, etc. This offering is for the welfare of all - not only for me.

11. ओऽम् उदुतमं वरुण पाश्मस्मदवाधमं वि मध्यमं श्रधाय।
अथ वयमादित्य ब्रते तवानागसो अदितये स्याम स्वाहा॥
इंद्र वरुणायाः दित्यायाः दितये च इंद्र न मम॥
Om udit-tamam varuna paashamas-mada-vaa-dhamam
vi madhyamam shrathaaya |
Atha vayam-aaditya vrate tavaa-naa-gaso aaditaye syaama
svaaha ॥ Idam varunaayaa-aadityaayaa-aditaye cha, idam na
mama ॥

(Rig Veda | Mandal 1 | Sukta 24 | Mantra 15)

O God! May You set us free from bondage. May we not do any evil deeds. May we follow the rules stipulated by You, thus moving towards salvation (moksha). This offering is for the welfare of all - not only for me.

12. ओऽम् भवतनः समनसी सचेतसावरेपसीः।
मा यज्ञं हिंस सिङ्गं मा यज्ञपतं जातवेदसी शिवीं भवतमद्य नः: स्वाहा॥
इंद्र जातवेदोभ्याम् इंद्र न मम॥
Om bhavatan-nah samanasau sacheta-saa-vare-pasau |
Maa Yajnam him sishtam maa Yajna-patim jaatavedasau
shivau bhavata-madhya nah svaaha ॥ Idam jaata-vedo-bhyaaam,
idam na mama ॥

(Yajur Veda | Chapter 5 | Mantra 3)

O God! May we continuously learn and benefit from the scholars. May they guide us onto the right path and always protect us. This offering is for the welfare of all - not only for me.
XIV. MEDITATION

Directions – A short meditation session may be performed anytime during the day. Following text is only indicative. Changes can be made as deemed appropriate. It can be divided into three phases. Start with chanting 'Om' thrice.

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Phase I | Stuti

- You are भूत, | the Giver of life, giver of ज्ञान:
- You are भूत, | You remove all my sorrow, all my obstacles.
- You are स्व, | Giver of happiness and bliss.
- You are सर्वशक्तिमान | You are all powerful.
- You are सर्वरक्षक | You protect me at all times.
- You are सर्वविश्वापक | You exist everywhere, in each minute particle. It is like soaking cotton in water. Water exists in every particle of cotton.
- You are सर्वज्ञ | You know every aspect about me and everyone else | You constantly know what I think, speak and do.
- Oh Almighty ! You are न्यायकारी | You are the best judge. You sooner or later ensure justice for all. You are also compassionate.
- You are also सर्वधार | You create and maintain this Earth, Sun, Moon and other celestial bodies. You have also scientifically created my complex body with over 1 lakh km long blood vessels.
Phase II | Prarthanaa

One can repeat the following 3 times.

Om आनंद: ‘Aanandaha’…..You are the source of all happiness and bliss. Please bestow me with same

You can alternatively also chant the Gayatri mantra praying for good intellect

ओः सुभो: स्व: तत्सत्तितुवरिण्ये भगवान् देवस्य धीमहि।
धियो यो न: प्रचोदयात्॥
Om bhur bhuvaḥ svah | Tat-savitur-vareṇyam bhargo devasya
dheemahi | Dhiyo yo nah prachodayaḥ ॥

(Yajur Veda | Chapter 36 | Mantra 3)

Oh Source of life, Remover of Sorrow, Giver of Happiness! We meditate upon You, who created this Universe and is the source of all knowledge and bliss. We pray that You guide our Intelligence on to the right path.

Phase III | Upaasanaa

Completely surrender to God. He is everything for us (the soul). Chant the following mantra slowly, internalizing the meaning.

त्वमेव माता च पिता त्वमेव | त्वमेव बन्धुश्र सखा त्वमेव।
त्वमेव विद्या च द्रविणम् त्वमेव। त्वमेव सर्वम् मम देव देव॥

• त्वमेव माता | You are my Mother
• च पिता त्वमेव | You are my Father
• त्वमेव बन्धु | You are my Relative
• च सखा त्वमेव | You are my Friend
• त्वमेव विद्या | Knowing you is true Knowledge
• द्रविण त्वमेव | Acquiring You is true Wealth
• त्वमेव सर्व मम देव देव | You are Everything for me!
XV. BIRTHDAY PRAYER

Om Tach-chakshur-devahitam purastaa-chhukramuch-charat
Pashyema sharadah shatam jeevema sharadah shatam shrunu-
yama sharadah shatam prabravaama sharadah shatam-adinaah
syamaa sharadah shatam bhuyash-cha sharadha shataat||

(Yajurveda | Chapter 36 | Mantra 24)

Meaning: Oh God – Our well-wisher and the Giver of knowledge. May we see and learn for hundred years; May we live healthily for hundred years; May we listen to scholars for hundred years; May we speak softly and always the truth for hundred years; May we live a happy meaningful life for hundred years and indeed even beyond that.

BIRTHDAY WISHES

Hey_________! tvam jeeva sharadah shatam vardhamaanah |
(aayushmaan / aayushmati), (tejasvi / tejasvini), (varchasvi / varchasvini), (shrimaan / shrimati) bhooyah||

Meaning: O (name of the boy/ girl) May you live for hundred years. May you be educated, compassionate, helpful, hard-working, prosperous and dharmic.
Oh God! The Giver of Food! May you provide us with healthy and energy producing food. Bless all those who have been involved in preparation of this food. May all living beings (human & animals) be blessed with energy giving food.

Ohm annapate-annasya no deh-yanmi-vasya sushminah |
Prapra daataaram taarisha oorjjan no dhehi dvipade chatushpade ||

(Yajur Veda | Chapter 11 | Mantra 83)
VEDIC WAY TO BEAT POLLUTION

One of the biggest industrial disasters in this world took place in Bhopal, India on the night of December 2, 1984, wherein about 3,800 people lost their lives. Methyl Isocynate (MIC) gas leaked from Union Carbide factory in Bhopal causing great havoc. It was past midnight and people were asleep. The gas spread rapidly and people started coughing, feeling chest pain with burning sensation in the eyes. People came out on the streets and began running away. Many were trampled in the panic that followed.

S.L. Kushwaha, teacher aged about 45 years also woke up at 1:30 a.m., on hearing his wife Triveni vomiting. Soon he and his children also began feeling uneasy. Looking out of their home they saw people fleeing in panic. They got to know about the gas leak in the factory about a kilometer away. Just then Triveni suggested that they perform the Agnihotra. They decided to do so and surprisingly within 20 minutes the symptoms of MIC gas poisoning, faded away. It was not a miracle, but a simple scientific process. The gas that emanated from Agnihotra (essence of cow ghee & herbs) enveloped the area and kept the poisonous gas away. Indeed there was one another case – 33 year old M.L. Rathore, lived near the Bhopal Railway station where once again numerous people lost their lives. Rathore also started performing Agnihotra and the entire family got saved.